

**THE SIX DR. BOOKS WE ARE COUNSELED TO PURCHASE,  
INCLUDING LOUGHBOROUGH'S BOOK,  
THAT THE DOCTORS PRESSED HIM TO WRITE**  
**Website:** [Healthy Christian Living - Living by the Blueprint](#)

**#1: 'The First Book in Physiology and Hygiene'** by: Dr. John Harvey Kellogg ☞ {March 9, 1888 EJW, SITI 160.14}

- **WHAT MY PHYSICAL COPY LOOKS LIKE AND WHERE TO PURCHASE YOUR OWN:** (\$15.95)  
<https://www.teachservices.com/first-book-in-physiology-and-hygiene-kellogg-john-harvey-md-paperback-lsi/>
- **WHERE TO READ THE BOOK ONLINE:**  
<http://www.bookrags.com/ebooks/17367/#gsc.tab=0>

**#2: 'The Hygienic Family Physician'** by: Dr. Merritt G. Kellogg ☞ {1868 JNL, HBH 1a.2}

- **WHERE TO ORDER:** (\$12.99)  
<https://www.amazon.com/Hygienic-Family-Physician-Preservation-Treatment/dp/1722652276>
- **WHERE TO READ ONLINE:**  
<https://collections.nlm.nih.gov/ext/kirtasbse/64220470R/PDF/64220470R.pdf>

**#3: 'The Uses of Water in Health and Disease'** by: Dr. John Harvey Kellogg

- **WHERE TO ORDER:** (\$11.09)  
<https://www.amazon.com/Uses-Water-Health-Disease-Practical/dp/B008GXHC90>

- **WHERE TO READ ONLINE**

Not available to read online at this time

**#4: 'Hand Book of Health, OR A Brief Treatise on Physiology and Hygiene'** by: J.N. Loughborough  
☞ { 1888 716.3 } ☞ { 2BIO 176.3 } ☞ {1987 JNL, MML 67.1-.2}

- **WHERE TO ORDER:** (\$11.57)  
<https://www.amazon.com/Hand-Book-Health-Instruction-Preservation/dp/1179332431>
- **WHERE TO READ ONLINE:**  
<http://www.adventpioneerbooks.com/Text/pioneer/JNLOUGH/HANDBOOK.pdf>

**#5: 'The Home Hand-Book of Domestic Hygiene and Rational Medicine' Volume 1,**  
by: Dr. John Harvey Kellogg ☞ (KC 89.2-90.2)

- **WHERE TO ORDER:** (\$31.69)

[https://www.abebooks.com/servlet/BookDetailsPL?bi=30170008666&searchurl=an%3Dkellogg%26n%3D100121501%26sortby%3D17%26tn%3Dhome%2Bhand-book%2Bdomestic%2Bhygiene%2Brational&cm\\_sp=snippet- -srp1- -title2](https://www.abebooks.com/servlet/BookDetailsPL?bi=30170008666&searchurl=an%3Dkellogg%26n%3D100121501%26sortby%3D17%26tn%3Dhome%2Bhand-book%2Bdomestic%2Bhygiene%2Brational&cm_sp=snippet- -srp1- -title2)

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- **WHERE TO READ ONLINE:**

<https://play.google.com/books/reader?id=blwqAAAAYAAJ&pg=GBS.PR16>

**#6: *The Home Hand-Book of Domestic Hygiene and Rational Medicine*' Volume 2,**

by: Dr. John Harvey Kellogg    (KC 89.2-90.2)

- **WHERE TO ORDER:** (\$42.21)

[https://www.abebooks.com/servlet/BookDetailsPL?bi=22531845814&searchurl=sortby%3D17%26tn%3Dhome%2Bhand%2Bbook%2Bdomestic%2Bhygiene%2Brational%2Bmedicine&cm\\_sp=snippet- -srp1- -title3](https://www.abebooks.com/servlet/BookDetailsPL?bi=22531845814&searchurl=sortby%3D17%26tn%3Dhome%2Bhand%2Bbook%2Bdomestic%2Bhygiene%2Brational%2Bmedicine&cm_sp=snippet- -srp1- -title3)

- **WHERE TO READ ONLINE:**

Not available for reading online